

IN MEMORY OF MARIE STEINER-VON SIVERS



By Ruth Klein, Portland, Oregon

Marie Steiner-von Sivers was born March 14, 1867 and died December 27, 1948. She was the wife of Rudolf Steiner and one of his closest colleagues. She made a great contribution to the development of anthroposophy, particularly in her work on the renewal of the performing arts (eurythmy, speech and drama), and the editing and publishing of Rudolf Steiner's literary estate.

Marie von Sivers was born of an aristocratic family in Wloclawek, Poland, then part of Russia. She was well educated and fluent in Russian, German, English, French and Italian. She studied theater and recitation with several teachers in Europe.

Marie von Sivers "appeared one day" at one of Rudolf Steiner's early lectures in 1900. In the autumn of 1901, she posed the question to Rudolf Steiner, "Would it be possible to create a spiritual movement based on European tradition and the impetus of Christ?"

Rudolf Steiner later reported: "With this, I was given the opportunity to act in a way that I had only previously imagined." If the question had been put to me now, according to spiritual laws, I could begin to answer it.

Marie von Sivers collaborated with Rudolf Steiner for the rest of his life and carried his work beyond his death in 1925 until her own death in 1948. She accompanied him and helped him as secretary, translator, editor and organizer of his lecture tours and other public activities. She assisted Rudolf Steiner's work with her own resources.

On December 24, 1914, Marie von Sivers married Rudolf Steiner.

Starting in 1912, the art of eurythmy was developed by Rudolf Steiner. Under Marie Steiner-von Sivers' guidance, it developed in three directions, as a stage art, as an integral part of Waldorf pedagogy, and as a therapeutic method. Under her direction, two schools of eurythmy were founded, in Berlin, Germany and in Dornach, Switzerland.



Marie von Sivers was trained in recitation and elocution and made a study of purely artistic speaking. She gave introductory poetry recitals at Rudolf Steiner's lectures and assisted him in the development of the four Mystery Dramas (1910-1913). With her help, Rudolf Steiner conducted several speech and drama courses with the aim of raising these forms to the level of true art.

The life-story of Rudolf Steiner abruptly ends on March 30, 1925. Rudolf Steiner passed away.

Here is an afterword by Marie Steiner:

His life, consecrated wholly to the sacrificial service of humanity, was requited with unspeakable hostility; his way of knowledge was transformed into a path of thorns. But he walked the whole way, and mastered it for all humanity. He broke through the limits of knowledge; they are no longer there. Before us lies this road of knowledge in the crystal

clarity of thoughts of which his autobiography (*The Story of My Life*) itself constitutes an example. He raised human understanding up to the spirit; permeated this understanding and united it with the spiritual being of the cosmos. In this he achieved the greatest human deed. The greatest deed of the Gods he taught us to understand; the greatest human deed he achieved. How could he escape being hated with all the demonic power of which Hell is capable?

But Rudolf Steiner repaid with love the misunderstanding brought against him.

He died – a Sufferer, a Leader, an Achiever – in such a world as trod him under foot yet which to raise aloft his strength sufficed. He lifted men; they cast themselves before him, they hissed with hate and blocked his forward way. His work they shattered even as he wrought it.

They raged with venom and with flame; and now with joy they brand his memory: so he is dead who led you into freedom, to light, to consciousness, to comprehension of what is Godlike in a human soul to your won selves, to Christ. Wash this not criminal, this undertaking.

He did what once Prometheus expiated what gave to Socrates the poisoned cup – the pardoning of Barabbas was less vile – a deed whose expiation is the cross. He made the future live before you there. We demons cannot suffer such a thing. We harry, hunt, pursue who dares such deeds with all those souls who give themselves to us, with all those forces which obey our will. For ours are the turning-points of time and ours this humanity which lies, without their God, in weakness, vice and error. We never yield the booty we have won, but tear to pieces him who dares to touch it.

IF YOU ARE INTERESTED TO LEARN MORE ABOUT THE PORTLAND BRANCH OF THE ANTHROPOSOPHICAL SOCIETY, PLEASE CALL DIANE RUMAGE AT (503) 908-0131.

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The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the wider anthroposophical community. Printed copies of the newsletter are available at the Takacs Clinic, Portland Waldorf School, Cedarwood Waldorf School, Shining Star and Swallowtail School. The newsletter and calendar are also posted on the Portland Branch website at www.portlandbranch.org.

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He dared-and daring, he endured his fate-In love, long suffering, and tolerance of weak, incapable humanity which ever his work in peril set, which ever wrenched his word'

awry, which misinterpreted his kind forbearance, and in their smallness did not know themselves because his greatness was beyond their compass. 'Twas thus he bore us-we were out of breath In following his stride, to his very flight which ravished us away. 'Twas our weakness that was the hindrance ever his flight, that lead that weighed his footsteps down...

Now he is free, a helper to those high ones who take whatever hath been wrung from earth as safeguard of their goal. So now they greet the son of man who his creative power unfolded thus to serve Gods' high will; who to the age of hardened understanding and to the time of dead machinery stamped clear the spirit, called the spirit forth...

They would not suffer him. The earth rolls into shadows. Behold those forms that now appear in space. The Leader waits; the heavens part and open; In joy and reverence stand the ranged hosts.

But earth is wrapped in grey enshrouding night, springing from Powers of the Sun, radiant spirit-powers blessing all worlds! For Michael's garment of rays Ye are predestined by Thought Divine.

He, the Christ-messenger revealeth in you – Bearing mankind aloft-the sacred Will of Worlds. Ye, the radiant Beings of ether-Worlds, bear the Christ-Word to man.

Thus shall the Herald of Christ appear To the thirstily waiting souls, To whom your Word of Light shines forth In cosmic age of Spirit-Man.

Ye, the disciples of Spirit-Knowledge take Michael's Wisdom-beckoning, take the Word of Love of the Will of worlds into your soul's aspiring actively! *Rudolf Steiner*

In Darkness Arises the Light

I gaze into the Darkness.

In it there arises Light —

Living Light!

Who is this Light in the Darkness?

It is I myself in my reality.

This reality of the 'I'

Does not enter into my earthly life.

I am but a picture of it.

But I shall find it again

When with good will for the Spirit

I shall have passed through the Gate of Death.

Rudolf Steiner

NEW WALDORF INSPIRED CHARTER HIGH SCHOOL IN PORTLAND

On Tuesday 11/30, the Portland Public School Board voted four to one, with one abstention, to approve the Waldorf inspired Golden Leaf Charter Public High School initiative. Lisa Ung has worked tirelessly over the last year, inspiring others and piloting this process through the required steps to this point.

The initiative's board is now reviewing the fifty applications received so far for administrative and teaching positions. The school is intended to open next fall, and be centrally located in Portland. This initiative will change the regional high school dynamic and broaden the options and accessibility of Waldorf inspired high school education. See more at <http://glchs.org/>.

EMBRYO IN MOTION: UNDERSTANDING OURSELVES AS EMBRYO

4-DVD SET NOW AVAILABLE

with Jaap van der Wal, PhD, MD



Normally \$100.00, this beautiful 4-DVD set that was professionally recorded live in Portland, OR, June 3-6, 2010, is on sale for \$75.00 through January 30th.

To learn more about the 4-DVD set and for instructions on how to order it, go to the "shop" portal on the Portland Branch website at

www.portlandbranch.org

ANTHROPOSOPHIC NURSING:
a review of the nursing orientation week May 2010
Laurie Schmiesing, RN, MSN

What ails thee? This past May at the 2010 IPMT/PAAM training in Burlingame, California, attendees of the Nursing Track had time to consider this question on a deep level as we studied the holistic framework that anthroposophic nursing provides in its quest to understand and care for others.

Christoph von Dach, RN, director of nursing at the Lukas Klinik and Elizabeth Sustick, RN, LMT worked together to create a dynamic program that brought both the spiritual foundations of anthroposophic nursing and its practical approach together in a seamless way.

Over the course of the week, we worked with the four-fold nature of man in the study of *Theosophy*. This flowed into the Twelve Nursing Gestures and a meaningful connection of the realm of the zodiac to nursing care. We analyzed case studies bringing the wisdom of the stars into practice and spent time with eurythmist Glenda Monasch to work with the gestures of the zodiac in movement. From a hands-on standpoint, we were able to immerse ourselves in both the mineral kingdom and the plant kingdom, gaining knowledge in the use of compresses, wraps and embrocations.

While some of us had attended last year, there were many new faces and once again a great deal of enthusiasm for continuing with the nursing track and even hope toward a certification program in the United States.

Christoph came with great enthusiasm and interest, and we were all grateful that he made the journey to bring this wholistic view of nursing care to America. Elizabeth Sustick brought her vast practical knowledge in working with the nursing therapies, demonstrating with her hands the beauty and healing etheric impulse of anthroposophic nursing care.

We left with the hope that this will lead to a new vivification of anthroposophic nursing in America and noted the new impulses that have sprung up since our last gathering. It was once again, for many of us, a rejuvenating experience and a chance to nourish ourselves as nurses and healers.

**INTERNATIONAL
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*Alicia Landman MD or Elizabeth Sustick
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paamdrscourse@anthroposophy.org

More information online:

www.paam.net,

www.anthroposophicmedicine.net.

Portland Anthroposophical Society Calendar - December 2010

Ongoing Activities and Study Groups

Anthroposophical Course for Young Doctors, Study Group

1st Tuesday of the month 7-8:30 PM

Pohala Clinic, 12050 SE Holgate Blvd.

Contact Julie Foster by phone at (503) 572-4196 or by e-mail at julie@pohalaclic.com.

Karma Exercises and Study

1st and 3rd Thursdays at 7:00 PM

NE Portland

The study group has just completed its multi-year work with the entire *Karmic Relationships* lecture cycle, and is now starting to work with Rudolf Steiner's karma exercises. Call James Lee for information 503 249-3804 or send an e-mail to him at anthroposophy@earthlink.net.

Knowledge of the Higher Worlds

1st and 3rd Tuesdays 7:30 - 9:00 PM

3046 NE 33rd Avenue, Portland, OR 97212.

Contact Donna Patterson and Bob Kellum at 503-331-7393.

Moms and Dads Parenting Group

2nd Mondays

North Portland

This group is intended for parents of very young children wishing to connect through the inspiration of Rudolf Steiner's lectures and writings specifically regarding the incarnation and growth of the young child and how we can apply this wisdom to our modern day circumstances as parents. Meets for potluck and discussion 6:00 - 8:00PM at Rose Hip Preschool in North Portland, please contact Kristin Zay (formerly Kresch) for more information at 503-830-1003 or heyheykk@gmail.com.

Mystery Dramas, with Speech-Formation Exercises

2nd and 4th Wednesdays

7:30 - 9:00 PM, in SW Portland.

Currently working on the 2nd *Mystery Drama* by Rudolf Steiner, *The Soul's Probation*. No acting experience necessary, just a love of the Word. Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at (503) 908-0131 for information.

Portland Waldorf School Community Choir

Friday morning from 8:45 - 10:15 am

Portland Waldorf School, 2300 SE Harrison Street, Milwaukie in the Orchard room - whenever school is in session. Anyone in and outside the PWS community who enjoys singing songs through the seasons, across the centuries and around the world is very welcome, including drop ins. This event is free and a community builder. More information: Marion Van Namen (503) 956-4046.

Portland Youth Discussion Group

At the moment the group is taking a break. Please contact Chrystal Godleske if you are interested in meeting again. socialsculptor@gmail.com.

Waldorf Education and Teacher Training

Lectures and courses conducted throughout the year by the Micha-el Institute. Contact John Miles at 503/774-4946. johncmiles@usa.net.

Events

First Class of the School of Spiritual Science

Sunday, DECEMBER 12

5919 SE Division St., Portland, OR 97207. Bothmer Hall.

Blue card required - Discussion on Lesson 8 at 8:30 AM, class at 9:30 AM sharp. Lesson 9. Please contact Diane Ramage at (503) 908-0131

Portland Branch Council Meeting

Monday, DECEMBER 13

1304 SE Main Street, Portland, OR 97214.

7 PM - 9PM at the home of Chrystal Godleske. Phone 503-816-2440 All Branch members are welcome to attend.

Winter Solstice Painting Journey

Tuesday DECEMBER 21

1410 SW Morrison St, suite 901, at 4-7PM

Generate the inner warmth of your soul and radiate joyful kindness and gratitude through watercolor with Robin Lieberman, MSW, artist and painting therapist. Contact Robin Lieberman 503-222-1192 or by e-mail at robin@robinlieberman.net. \$50.00 includes all materials.

Holy Nights**DECEMBER 25-JANUARY 6**

This year we will be reading the *St. John's Gospel* lecture series, which we last read in 2002. All readings begin at 7:30 (except January 1st). It is always a good idea to check the current Portland Branch calendar at www.portlandbranch.org before leaving to go to the reading to make sure the schedule has not changed. Contact Tom Klein at (503) 777-3176 to reserve your spot, or send him an e-mail at tgklein@aol.com.

Sunday, Dec. 26th, John & Joan Takacs, 3628 SE Tenino Street, 503- 351-1230

Monday, Dec. 27th, Lucia & Claudio Mello, 5534 SW Pendleton Street, 503-892-5296

Tuesday, Dec. 28th, Tom and Angel Sparks, 5915 NE Davis Street, 503-803-7475

Wednesday, Dec. 29th, James Lee & Jannebeth Röell, 3135 NE 17th Avenue, Portland 503-249-3804

Thursday, Dec. 30th, Cheri & Martin Munske, 7652 SE Lincoln Street, Portland 503-772-2632

Friday, Dec. 31st, John & Joan Takacs, 3628 SE Tenino Street, Portland. 503- 351-1230. Stay and celebrate the New Year including the dropping of lead

Saturday, Jan. 1st, Jacqueline & Joseph Freeman, 20309 NE 242nd Ave. Vancouver, WA 360-687-8384. Farm tour 3pm, dinner 6pm, and reading 7pm

Sunday, Jan. 2nd, Tish Johnson, 5350 SW Dogwood Lane. 503-452-9850

Monday, Jan. 3rd, Tom & Ruth Klein, 3609 SE Center Street, 503-777-3176

Tuesday, Jan. 4th, Chrystal Godleske, 1304 SE Main Street, 97214, 503-816-2440

Wednesday, Jan. 5th, Betty Baldwin, 790 SW 126th Ave. Beaverton, OR 97005, 503-747-6367

Thursday, Jan. 6th, Mary Jo AbiNader, 3128 SE Salmon Street, 503-239-7078

The Oberufer Kings Play**Thursday, JANUARY 6**

5239 SE Woodstock Blvd, Portland OR 97206, at 7PM
Performed by the Micha-el Institute Students. See website for details, www.Micha-elInstitute.com
Contact 503 774-4946 or email johncmiles@usa.net.

First Class of the School of Spiritual Science**Sunday, JANUARY 9**

5919 SE Division St., Portland, OR 97207. Bothmer Hall.

Blue card required – Discussion on Lesson 9 at 8:30 AM, class at 9:30 AM sharp. Lesson 10. Please contact Diane Ramage at (503) 908-0131

Portland Branch Council Meeting**Monday, JANUARY 10**

1304 SE Main Street, Portland, OR 97214.

7 PM – 9PM at the home of Chrystal Godleske. Phone 503-816-2440 All Branch members are welcome to attend.

The Social Image of the Waldorf School**Thursday, JANUARY 13**

5239 SE Woodstock Blvd, Portland OR 97206, at 7-9 PM

Foundation Lecture. See website for details, www.Micha-elInstitute.com. Contact by telephone at (503) 774-4946 or email johncmiles@usa.net

The Threefold Social Order for Today and It's Future Development**Thursday, JANUARY 20**

5239 SE Woodstock Blvd, Portland OR 97206, at 7-9PM
See website for details, www.Micha-elInstitute.com
Contact 503 774-4946 or email johncmiles@usa.net.

The Waldorf School as an Expression of the Threefold Social Order**Thursday, JANUARY 27**

5239 SE Woodstock Blvd, Portland OR 97206, at 7-9PM
See website for details, www.Micha-elInstitute.com
Contact 503 774-4946 or email johncmiles@usa.net.

Rudolf Steiner's Life Story**JANUARY 31, 2011 7:30 PM**

Portland Waldorf School, 2300 SE Harrison Street, Milwaukie



In honor of the 150 anniversary of Rudolf Steiner's birth: a talk by Sherry Wildfeuer. Sherry Wildfeuer is the editor of the *Stella Natura* biodynamic planting calendar and a long-term coworker in Camphill Village Kimberton Hills (PA), an intentional community that includes adults with developmental disabilities. Sherry is an active member of the Anthroposophical Society and its Agriculture Section.

"Have you ever wondered how it was possible for one man to found Waldorf Education, Biodynamic Agriculture, the art of eurythmy, design the Goetheanum and many other buildings, renew the speech arts, teach sculpture and painting, edit Goethe's scientific writings, write four major plays and numerous books and verses, hold 6,000 lectures, and so on...?"

Through his life story, one can follow Rudolf Steiner's own path of development and gain a feeling for his humanity as well as his accomplishments. This talk is suitable for newcomers to the work of Steiner as well as long-time anthroposophists, and may well be of interest to Waldorf high school students who would like to know more about the founder of Waldorf education. Contact Cheri Munske woolhorse@mindspring.com

The Meaning of Singing in our Time

FEBRUARY 2-3, 2011 6PM-9PM.

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www.theschoolofuncoveringthevoice.blogspot.com

Register before January 15th, by sending a check of \$80.00 payable to Christiaan Boele c/o: Julie Courtney, 1460 SW Allen, Corvallis, OR 97333

The Tasks for Humanity at the Present Time.

Thursday, FEBRUARY 3

5239 SE Woodstock Blvd, Portland OR 97206, at 7-9PM

See website for details, www.Micha-elInstitute.com

Contact 503 774-4946 or email johncmiles@usa.net.

Polarities

FEBRUARY 18- 20, 2011

2300 SE Harrison Street, Milwaukie, Portland Waldorf School.

7-9 Friday, Sat. 9-11:30 AM & 1 - 3 PM, Sunday 9 - 11:30. Cost \$120 - \$160. A course exploring polarity and the space between, with Laura Summer, cofounder of the Free Columbia Art Course. Laura Summer's work can be found in private collections in the United States and Europe, has been exhibited at The National Museum of Catholic Art and History in New York City, and is on permanent exhibition at the Sekem Community in Egypt. Her work can be seen at the 345 Gallery in Hudson, NY and at the 78th Street Gallery in Sante Fe, NM www.78thstreetgallery.com.

"Currently in my work I am struggling with simplicity. How can I make color and form visible without unnecessary movement and surfaces? In the workshops I give I am working with translation. How can we move from poetry or movement to color and form, and then back? I believe that it is in the space between these media that we can learn to sense the spiritual world." Contact Patricia by e-mail at patriciahomanlynch@gmail.com.

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9100 Bathurst Street, Vaughan, ON L4J 8C7, Canada.

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AUGUST 7-12, 2011

9200 Fair Oaks Blvd., Fair Oaks, CA 95628

Tel 916-961-8727. The School for Spiritual Science would like to invite all members of the School to a conference of the nineteen lessons, to be held at 9200 Fair Oaks Blvd., Fair Oaks, CA 95628. Look for more information in the Anthroposophical Society's *Evolving News for Members and Friends*.



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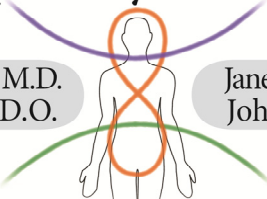


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EMBRYO IN MOTION: UNDERSTANDING OURSELVES AS EMBRYO

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